

TERESA OF JESUS



Mystic, spiritual teacher, foundress of a new religious family, and Doctor of the Church.

This is the woman of “God alone suffices” who guides us, with her experience and writings, to our innermost center, where “the very secret exchanges between God and the soul take place.”

She exhorts us to be “staunch friends of God,” to engage in “an intimate sharing between friends... with Him who we know loves us”; to “fix your eyes on the Crucified”

so that “everything will become small for you.”

She invites us to follow Jesus, the “Captain” of love, “who went ahead of us to be the first to suffer,” and for him to risk life, for “none better guards it than he who loses it.”

If you want to follow her mystical adventure, connect with her.

“Who Mother Teresa of Jesus was, her spirit, her natural and supernatural grace, her gentleness, discretion, and prudence, you will discover by reading her books.”

Father Jerome Gracián